## **Camp Lemieux General Community Guidelines**

- 1. Love and acceptance of everyone.
- 2. **Respect** for Team, CITs and one another:
  - a) No talking during sessions
  - b) No talking when someone else is.
  - c) No talking after lights out.
- 3. **No Clumping:** Camp is a great place to make new friends so try to get to know everyone. Don't stay with the same one or two people all of the time.
- 4. Areas off limits to the campers: Kitchen, Office, Laundry Room, Team Area, All cabins other than your own. If you need someone or something from another cabin, tell your Team member.
- 5. Docks and Mud Pits: Stay off the docks and out of the mud pits unless a Team member is present.
- 6. Waterfront: Pay attention to the lifeguard at the waterfront and follow the waterfront rules.
- 7. **Camp Bell:** When the bell rings, unless a team member says other wise, drop everything and run to the circle.
- 8. Hand Up: When a Team member raises their hand, raise your hand and close your mouth. This means QUIET!
- 9. **Electrical Appliances:** (Hair dryers and curling irons, etc...) are only to be used in the Main Hall, the new Washroom Facilities, and cabins 5 and 6.
- 10. **Fully Commit:** All members of a group must stay until the assigned duty is finished and a Team member gives permission to leave.
- 11. **Phone Use:** The Director's permission is needed to use the phone. It will only be used in emergencies. (The Director or delegate must be present at the time of the call.)
- 12. No gum.
- 13. Do not play in the bathrooms.
- 14. Do not play with the fire extinguishers or smoke detectors. This is a criminal offense.
- 15. **Trampoline:** The trampoline is off limits unless a Team member is present. No more than two people on the trampoline at one time. No flips (to prevent injury). Other campers should spread out to act as spotters.
- 16. **Meals:** Everyone is encouraged to take a bit of each item that is served and eat all the food on one's plate. Be sure to tell the server how much you want.
- 17. Dishes: a) Everyone must wash his/her hands before beginning.

b) Plates (scraped) and glasses are stacked neatly (in low piles to prevent them from falling and breaking) on the table behind the sink. Members of each table are responsible for bringing them there. Cutlery is transported in the empty juice jug and emptied into the yellow bin at the sink.

c) The dishes are washed in hot soapy water in the first sink. They are rinsed in clean hot water in the second sink and rinsed again in bleach water in the third sink and stacked in the rack. Be sure the bleach water is not splashed, it will ruin clothing.

d) A CIT must be present at the first sink where dishes are washed. CITs should see that the dishes are clean and dry before being put away.

e) Tea towels are for wiping the dishes. Do not snap each other or drag the towels on the ground. The person who wiped the dish should stack it (we don't want to pass clean dishes from hand to hand). Tea towels should be hung neatly to dry on the line provided and gathered and washed after every meal.

f) Those on dishes will be responsible for sweeping the floors. At supper, the floors must also be mopped. The benches should be turned up on the tables before beginning (seat side down to the table surface to protect it).

g) The group in charge of dishes will also be in charge of wiping the tables. The table must then be sprayed with a Quat solution. It's best for the counsellor to do this after the group has been dismissed.h) All members of the group must stay until the entire job is finished. (including recovering the dishes with the plastic sheet- make sure you know which side is up)



- 18. Animals: Do not touch any wild animal (i.e. mice, etc...). Kittens may not enter any building because of those with allergies and should not be played with during organized activities such as talks.
- 19. **Close Doors:** Make sure doors for the cabins, main hall and other buildings are closed at all times. Mice are nice and cute but they don't make good roommates.
- 20. **Cabins:** All cabins other than your own are off limits. Money, Ipods, electronic games, cell phones, knives, matches, smoke bombs, junk food, gum and/or pop, should be turned over to the Team member and they will give them back before leaving on Friday. Hang all wet swimsuits, towels and clothing outside on lines provided.
- 21. Fire Drills: The bell will be rung continuously. Run to the bell and listen to the Director or his/her delegate.
- 22. Smoking/Chewing/Vaping: Counsellors and CITs partaking in these activities need to respect and adhere to the following expectations. Should they be under the legal age, signed parental/guardian consent must be on file with the Camp Director. Smoking/Chewing/Vaping in any camp building, parking lot, or in the presence of campers will not be permitted. Counsellors and CITs should partake in these activities in discreet locations and will pick up their activity related garbage and dispose of it in garbage cans. CITs will turn their supply in to the Camp Director who will designate someone to hold it for them. If the CIT would like to partake and has permission on file, they must approach the holder and will receive "one at a time". No one will be excused from camp activities to smoke/chew/vape. These activities will only be permitted when there is no mandatory camp activity occurring (i.e. free time). Parents/guardians of those who smoke/chew/vape without permission or refuse to comply to these guidelines will be informed and disciplinary action will be taken.
- 23. Alcohol & Marijuana: No staff and/or team member is to consume or be in possession of alcohol and/or marijuana on camp property. During summer program and during camp program extensions there will be zero tolerance on alcohol and marijuana for all staff and team members. All staff and/or team members will be dismissed with no excuses after due diligence questions are asked if found in possession or apparent use of alcohol and/or marijuana.
- 24. **Illegal Substances:** There is a zero tolerance policy for use of, or possession of, all illegal substances on camp property. A staff or team member will be dismissed with no excuses and no questions asked.
- 25. Dress Policy: "Teaching modesty to children and adolescents means awakening in them respect for the human person." (CCC 2524). Let modesty inspire your choice of clothing- it underlies all camp dress expectations. Be aware of all exposed underwear and belly buttons. T-shirts with vulgar/alcohol/drug messaging are not permitted. Gentlemen, swim trunks are fine for water front, but no walking around camp shirtless This also includes cut out T-shirts or excessively large or ripped open arm holes on tank tops. Ladies, swimwear for all counsellors, CIT's, and campers must be a one piece swimsuit or you will be required to wear a T-shirt. Shorts should not expose the majority of the thigh and if butt cheeks are visible, change your shorts. Tank tops are welcome should they not expose underwear or cleavage both noticeable/unexpected when active.
- 26. **Music Policy**: Stereos and music will be used at the Director's discretion. Excessively loud or inappropriate music will not be tolerated, particularly where it will disturb others. Music adds to the atmosphere of certain activity areas, but should in no way be the main focus of any activity period. Only Christian, Instrumental, or children's music will be used in the presence of the campers. Christian music is classified as an artist/band under a Christian label or a song that must have reference to God and Faith and coincides with Christian values. Keeping in mind the goal of Camp, the use of Christian music will expose campers to something they may not encounter in their everyday lives.
- 27. **Guests:** Permission to invite a guest to Camp must be granted by the Director before the guest is invited. In general guests are welcome, provided there is space and time to accommodate them and the Director is confident the guest will not disrupt the program.
- 28. Language: The use of profanity, sarcasm and sexual innuendo around campers, CIT's, volunteers and fellow Team members are not permitted. Use of profanity, sarcasm and sexual innuendo are not positive uses of speech. It degrades and pulls people down even when it is not intended to do so. There are many substitute words and phrases.



# **Incident Reports**

Should anything unusual happen in your activity area (or anywhere else, for that matter) - for example, a child gets hurt - you and the other supervising/responsible counsellors must fill out an incident report. We need to record on paper the details should we ever be called on to recount what happened. The reports are available in the office and must be signed by the Camp Director.

#### **Child Abuse**

- 1. Child abuse is defined as any action physical or verbal which is exploitative, potentially harmful, or damaging to the child's physical, emotional or psychological health. It may take the form of physical abuse, emotional abuse, sexual abuse or neglect.
- 2. There is a pamphlet on physical and behavioral indicators of abuse and neglect in the office for reference if you have reason to believe a child may be at risk.
- 3. If you have reason to believe that a child may be abused or neglected, THE CHILD AND FAMILY SERVICES ACT requires the situation to be reported to the nearest Saskatchewan Social Services office or a police officer. If you are unsure that reasonable grounds to report exist, consult with the proper authorities.

## Camp Lemieux Policy re: Child Abuse

- 1. If you suspect a child has been abused/neglected you <u>MUST</u> inform the Director, or if he/she is unavailable, the Programs Director (Alexis Abello (306)550-1994).
- 2. This information is confidential only the counselor(s) or CIT (s) directly involved, the Camp Director and/or Programs Director and the child should be aware of the situation. This is not coffee time gossip.
- 3. If the child discloses the information to you, you have an obligation to help. If circumstances do not allow you to pursue the issue at the time, explain to the child that you will speak with them when you have more time.
- 4. <u>Reassure</u> the child. He/she may be frightened and have finally found enough courage to come forward with the information. You need to reassure the camper or CIT that it is not his/her fault.
- 5. Team involved should write down what any children have disclosed to ensure accurate information after. Do <u>NOT</u> ask leading questions that would put ideas into their head ie "Does Mom hit you?" etc...
- 6. Never promise to not tell someone else. You are obligated to tell.

## Cell Phone Policy:

The Camp Director will enforce what they deem necessary to ensure camper needs and team dynamics are being ministered to without the influence of cell phone use. These measures can and may include turning in all personal mobile devices (cell phones, tablets, etc.) to the Camp Director during camper weeks or when attending Camp Lemieux events. There will be NO use of cell phones during camp hours. Camp hours are considered to be the start of morning Team meeting and concluding at the end of the evening Team meeting. Use of a cell phone during these times will result in the following:

- 1. First time a verbal warning,
- 2. Second time a written warning.
- 3. Third time dismissal.

Permission may be granted by the Camp Director if there are extenuating circumstances. For use as a watch or to listen to music will not be considered extenuating circumstances.

